



Rock Point Church
Bill Bush | 7.13.25

Big Idea: God helps the humble, not the hustle.

2 Kings 5:1-15 (NLT)

¹ The king of Aram had great admiration for Naaman, the commander of his army, because through him the Lord had given Aram great victories. But though Naaman was a mighty warrior, he suffered from leprosy.

² At this time Aramean raiders had invaded the land of Israel, and among their captives was a young girl who had been given to Naaman's wife as a maid. ³ One day the girl said to her mistress, "I wish my master would go to see the prophet in Samaria. He would heal him of his leprosy."

⁴ So Naaman told the king what the young girl from Israel had said.

⁵ "Go and visit the prophet," the king of Aram told him. "I will send a letter of introduction for you to take to the king of Israel." So Naaman started out, carrying as gifts 750 pounds of silver, 150 pounds of gold, and ten sets of clothing. ⁶ The letter to the king of Israel said: "With this letter I present my servant Naaman. I want you to heal him of his leprosy."

⁷ When the king of Israel read the letter, he tore his clothes in dismay and said, “Am I God, that I can give life and take it away? Why is this man asking me to heal someone with leprosy? I can see that he’s just trying to pick a fight with me.”

⁸ But when Elisha, the man of God, heard that the king of Israel had torn his clothes in dismay, he sent this message to him: “Why are you so upset? Send Naaman to me, and he will learn that there is a true prophet here in Israel.”

⁹ So Naaman went with his horses and chariots and waited at the door of Elisha’s house. ¹⁰ But Elisha sent a messenger out to him with this message: “Go and wash yourself seven times in the Jordan River. Then your skin will be restored, and you will be healed of your leprosy.”

¹¹ But Naaman became angry and stalked away. “I thought he would certainly come out to meet me!” he said. “I expected him to wave his hand over the leprosy and call on the name of the Lord his God and heal me! ¹² Aren’t the rivers of Damascus, the Abana and the Pharpar, better than any of the rivers of Israel? Why shouldn’t I wash in them and be healed?” So Naaman turned and went away in a rage.

¹³ But his officers tried to reason with him and said, “Sir, if the prophet had told you to do something very difficult, wouldn’t you have done it? So you should certainly obey him when he says simply, ‘Go and wash and be cured!’” ¹⁴ So Naaman went down to the Jordan River and dipped himself seven times, as the man of

God had instructed him. And his skin became as healthy as the skin of a young child, and he was healed!

¹⁵ Then Naaman and his entire party went back to find the man of God. They stood before him, and Naaman said, “Now I know that there is no God in all the world except in Israel. So please accept a gift from your servant.”

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Healing begins where hustle ends.

GROUPS QUESTIONS:

1. What stood out to you about this week’s sermon?
2. What makes the phrase “God helps those who help themselves” so convincing to our culture even though it’s not in the Bible? How might this mindset affect our relationship with God and how we understand grace?
3. Share a time in your life when you tried to earn God’s help or blessing instead of simply trusting Him. What happened?

4. Look at 2 Kings 5:10–12. What stands out about Naaman's reaction to Elisha's instructions? What does this teach about how pride can block us from experiencing God's help?
5. How does pride show up in your life when God's direction doesn't align with your personal expectations or preferences? What makes humility so difficult when facing situations that require obedience?
6. Read 2 Corinthians 12:9. How does this verse flip our usual thinking about strength and weakness? What does it look like in real life to let God's power be made perfect in our weakness?
7. Where in your life do you feel burned out from striving? How could surrendering to God bring freedom or healing?